



Adult League Hockey

Floyd Hall Arena offers “35+”, “C”, “D” and “Adult Instructional” levels of recreational ice hockey for adults 18 years of age and older. The hockey department supervises all leagues. League rules and regulations will be carried out by both on-ice and off-ice officials.

Rules and Regulations:

Floyd Hall Arena’s adult league is not a sanctioned league of USA Hockey. However, the rules of U.S.A. Hockey will govern the league with the following exceptions:

- High Sticking, Slashing, and Cross Checking are four-minute double minor penalties. (These penalties will count as 2 separate penalty infractions toward the 12-penalty rule and individual 4-penalty rule.)
 - Four infractions in a game is a game disqualification.
 - **All major penalties carry a minimum 1 game suspension.**
 - All game misconduct penalties carry an automatic 1 game suspension.
 - Please remember that anyone ejected from a game with either a misconduct penalty or game misconduct penalty must leave the building and not return for the rest of that evening and is not permitted back in the building for the duration of their suspension. No exceptions
 - All players must be properly equipped. A minimum of a half shield must be worn.
 - Teams must be in the same color uniform with each player being identified by an individual number.
- No player/goalie is permitted to alter the goal frame in any way, no rubber covers are allowed on the goal posts during the game.
- Icing will be determined by the blue line NOT the center-red line
 - In the event of a tie during a regular season game, there will be a 4 minute running time 3 vs 3 sudden death overtime period. If a team receives a penalty in OT, then play will be 4 vs 3 until the penalty expires and will then return to 3 vs 3 at the next stoppage of play.
 - For the 35 and over division, no team will be permitted players under the age of 35.
 - Each player must play a minimum of 4 Games to be eligible for playoffs
 - If the player plays but does not check in, they will not receive credit for playing.
 - If a player shows up after the game has already started, it is the players responsibility to check in with the score keeper.

Head Contact-USA Hockey has very strict policies for Head Contact and all infractions will be strictly enforced. Referees will make every effort to call all infractions, intentional or unintentional. Please note that any infraction will result in a minimum of a minor plus a misconduct. Any intentional head contact will result in a minimum major plus a game misconduct penalty and will be at the discretion of Floyd Hall Arena league management. Any intent to injure or deliberate injury will receive a match penalty and may result in expulsion from the league.

Checking is not permitted in any adult leagues at Floyd Hall Arena.

- a. All checking infractions will receive a 2 minute minor and 10 minute misconduct.
- b. All deliberate checks will receive a minimum 5 minute major. All major penalties received are subject to further suspensions.
- c. Deliberate checks with intent to injure will be subject to a match penalty.

*Any player that is serving a suspension, CAN NOT play for another team, until the suspension is served in its entirety for the team it was assessed for**

Team Rosters:

- Each team is allowed a roster of no more than 25 players (including goalies).
- All teams are required to submit a roster no later than one week prior to the start of the season. This should coincide with the due date for your minimum \$500 deposit. All players, subs, part-time and full-time players are on the 25 player roster ONLY. No players will be allowed to be added to the roster unless approved by the Hockey Department.
- Teams are able to adjust their rosters up until the start of the fourth game. No roster changes will be permitted after that time.
- All players are required to check in at the front desk prior to the start of the game. Any player who has not checked in will not be permitted to play. In the event a player arrives after the start of the game, they must check in at the front desk and also with the scorekeeper. If a player is not checked in, they will not get credit for playing in that game.

NO UNROSTERED PLAYERS WILL BE PERMITTED TO PLAY. If any team is found using unrostered players, they will forfeit the game. Please note, the league reserves the right to perform ID checks. If any player refuses to show ID, they will not be permitted to play. If any player attempts to play without providing the requested ID, that team will forfeit and the game will be canceled.

- Captains are responsible for their teams. While we will be policing the rosters, it is ultimately up to the team captains to make sure they are not using unrostered players on the ice. If a team is found either before, during, or after the game to be using unrostered players, the captains will be held responsible. A suspension will be awarded to the team captain for this.

The following are the league suspensions for the team captain using unrostered players...

1st Offense: 1 game suspension

2nd Offense: 2 game suspension

Further infractions will be at the leagues discretion.

- If any team has concerns with another teams roster, it must be addressed prior to the start of the game.

Running Time:

- The clock will run whenever there is an 8 goal differential in the 3rd period.
- The clock will continue to run until the goal differential is two.
- The clock will run when there are 12 total infractions. The clock will only stop in the last three minutes of the game only if the goal differential is two or less.

Fighting and Abuse of Officials:

Fighting is not permitted in any form in adult leagues at Floyd Hall Arena. The rules regarding fighting are outlined below:

- 1st Offense: Game misconduct plus a minimum 2 game suspension.
- 2nd Offense: Game misconduct plus a minimum 4 game suspension.
- 3rd Man In: Game misconduct plus an automatic 2 game suspension.
- Instigator: If a player is determined to be an instigator, additional games may be added on top of the suspension isted above.

All game misconduct penalties are subject to review by the league for further suspensions.

League expulsion penalties can be assessed at any time if the hockey department feels it is warranted. No refunds will be given to players that are suspended or expelled.

All decisions made by the hockey department will be final.

If you are ejected from a game, you must get dressed and leave the rink immediately. You will no longer be able to stay and watch the remaining time left in the game, nor will you be allowed to hang out in the locker room during or after the game.

If you are suspended, you are not allowed in the rink which your team is playing on, nor are you allowed in the locker rooms before, during, or after your team's game for the duration of your suspension. You may view the game from the upstairs mezzanine or the lobby. If you are found in violation of these policies, you will receive the following:

1st offense : Additional 1 game suspension

2nd offense: Additional 2 game suspension

3rd offense: At league management discretion up to 1 year suspension

****All of the above suspensions will be at the sole discretion of the Floyd Hall Arena Hockey Department any further suspensions may be assessed by Floyd Hall Arena Hockey Department as deemed necessary****

Playoff Rules:

- Playoff games ending in a tie will play a 4 on 4, five-minute sudden death overtime. If the game is still tied at the conclusion of the overtime period, the game will be decided by a three-man shootout. If the score is still tied at the end of the shootout, teams will play a one-man shootout until one team breaking the tie.
- Teams must exhaust their bench before any player can take a second attempt.
- Any player serving a penalty at the end of overtime may not participate in the shootout.
- The home team will have the option of shooting first or second.

Playoff Tiebreakers:

The following list will serve as the main points of emphasis for tiebreakers for playoff seeding:

- Points
- Wins
- Head-to-Head
- Least Goals Against
- Least Penalty Minutes
- Coin Toss

Contact Information:

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