

# Learn to Skate

**LEARN TO SKATE MISSION STATEMENT**

The Floyd Hall Arena Learn to Skate program offers a variety of classes and levels to suit every skater's needs. Our highly qualified and certified instructors and small class sizes will help every skater progress at his/her own pace.

Floyd Hall Arena follows the Ice Skating Institute Learn to Skate Curriculum. Children and adults begin at the Tot or PreAlpha level depending upon their age and ability. Skaters will progress from learning the basics of balance, marching and gliding and gradually advance to levels where they will learn about crossovers, backwards skating, and even spins and jumps! (Please see the reverse side for a schedule and description of the various levels.)

Upon completion of the Tot 3 and PreAlpha levels, skaters may choose to continue their development in the Floyd Hall Arena Hockey or Rising Skater program. Please see your coach or our Skating Director for more information

**THE A-B-C's of LEARN TO SKATE**

1. All Learn to Skate participants receive public session for FREE for the duration of the session.
2. Skaters ages seven and younger are required to wear a bicycle helmet.
3. Skaters wearing hockey skates or any skates without a toe pick are required to wear a hockey helmet with a full face shield.
4. Skate Rental Passes are available for purchase prior to the first week of classes. These can also be used for public sessions.
5. An athletic waiver must be signed and the session must be paid in full before entering the ice.
6. The ice is cold all year long so dress appropriately!
7. Classes may be combined.
8. Registrations taken the day classes begin are subject to a \$25.00 late fee.
9. Make up classes are only available for those with a doctor's note.
10. There are NO REFUNDS! A credit on file will be issued to those with a doctor's note.



*\*Skate Rental Passes are available for advanced purchase for the price of \$25 which also includes rental use for any Public Session! Passes purchased on or after the first day of classes will be \$35.*

**Walk-On Skate Rental: \$4  
Helmet Rental: \$4**

**CLASS SEMESTERS 2017**

**TUESDAY:**

Winter 4	February 21 – April 4	7 Weeks / \$126
Spring 5	April 11 – May 23*	6 Weeks / \$108
	<i>*No class on May 9*</i>	
Spring 6	May 30 – June 27	5 Weeks / \$90
Summer 7	July 11 – August 1	4 Weeks / \$72
Summer 8	August 8 – August 29	4 Weeks / \$72

**THURSDAY:**

Winter 4	February 23 – April 6	7 Weeks / \$126
Spring 5	April 13 – May 25*	6 Weeks / \$108
	<i>*No class on May 11*</i>	
Spring 6	June 1 – June 29	5 Weeks / \$90
Summer 7	July 6 – August 3	5 Weeks / \$90
Summer 8	August 10 – August 31	4 Weeks / \$72

**SATURDAY:**

Winter 4	February 25 – April 8	7 Weeks / \$126
Spring 5	April 15 – May 27*	6 Weeks / \$108
	<i>*No class on May 13*</i>	
Spring 6	June 3 – July 1	5 Weeks / \$90
Summer 7	July 8 – August 5	5 Weeks / \$90
Summer 8	August 12 – September 2	4 Weeks / \$72

**SUNDAY:**

Winter 4	February 19 – April 2	7 Weeks / \$126
Spring 5	April 9 – May 28*	6 Weeks / \$108
	<i>*No class on April 16 or May 14*</i>	

*\*Schedule subject to change*



# Class Progression



AGE	PRIMARY LEVEL	SECONDARY LEVEL	ADVANCED LEVEL
<b>PROGRAMS</b>	<b>Learn to Skate Daytime LTS</b>	<b>Rising Skater</b>	<b>Gold Star</b>
<b>3 ½ – 6 years old</b>	1. Tot 1 2. Tot 2 3. Tot 3	<b>Rising Skater:</b> 4. Rising Tot 5. Rising Star  <b>Hockey:</b> 4. Hockey 1&2	<b>Gold Star:</b> 6. Gold Star 7. Future Champions  <b>Hockey:</b> 5. Hockey Development
<b>7 and Older</b>	1. PreAlpha 2. Alpha 3. Beta 4. Gamma 5. Delta	<b>Rising Skater:</b> 6. Freestyle  <b>Hockey:</b> 4. Hockey Development	<b>Gold Star:</b> 7. Gold Star 8. Future Champions  <b>Hockey:</b> 5. Hockey Development

## Spring 2017 Class Schedule

LEARN TO SKATE Spring 2017	TUESDAY	THURSDAY	SATURDAY	SUNDAY	CLASS DESCRIPTION:
HOCKEY LEARN TO SKATE 1 & 2 Hockey Skates & Helmet!	4:30 pm	5:10 pm	12:20 pm		For the beginner hockey skater ages 3 1/2-6. Skaters will learn two foot jumps in place, forward swizzles, one foot glides, backward wiggles, backward swizzles and hockey stops. Skaters must wear hockey skates and a full face shield.
TOT 1	4:00 pm 4:30 pm	5:10 pm	11:10 am 11:45 am	2:10 pm	For beginners ages 3 1/2-6 years old. Skaters learn the proper way to fall, proper way to get up, marching in a standing position and while moving.
TOT 2	4:00 pm 4:30 pm	5:10 pm	11:10 am 11:45 am 12:20 pm	2:10 pm	Tot 2 is for the skater who graduates Tot 1. It is for ages 3 1/2-6 years old. Skaters learn the skills of a two foot jump in place, forward swizzle, single swizzle, and begin a two foot glide.
TOT 3	4:00 pm 4:30 pm	5:10 pm	11:10 am 12:20 pm	2:10 pm	Tot 3 is for the Tot 2 graduate. It is for ages 3 1/2-6 years old. Skaters learn the skills of push and glide stroking, preparation for snowplow stop, dip and forward swizzles.
PREALPHA	4:00 pm 4:30 pm 5:00 pm	5:40 pm	11:10 am 12:20 pm	2:10 pm	For the skater ages 7 and up. Skater learn the skills of a one foot glide, two foot glide, forward and backward swizzles, and backward wiggle.
ALPHA	4:00 pm 5:00 pm	5:40 pm	11:45 am	2:10 pm	For the PreAlpha graduates ages 7 and up. Skaters learn the skills of forward Stroking, forward Crossovers, and snow plow stops.
BETA	5:00 pm	5:40 pm	11:45 am		For the Alpha graduates ages 7 and up. Skaters learn the skills of backward stroking, backward crossover, t-stop, right and left foot outside edge.
GAMMA	5:00 pm	5:40 pm	11:45 am		For the Beta graduates ages 7 and up. Skaters learn the skills of right and left forward outside 3-Turns, right and left forward inside Mohawk combo, and hockey stops.
DELTA			12:20 pm		For the Gamma graduates ages 7 and up. Skaters learn the skills of right and left forward inside 3-Turns, forward outside and inside edges, lunges, bunny hops, and shoot the ducks
FREESTYLE 1 & 2			12:20 pm		
ADULT	5:00 pm	5:40 pm	11:10 am 12:20 pm	2:10 pm	For the skater ages 18 and older. Skaters learn the skills of forward/backward swizzles, two foot glide, one foot glide, forward/backward C-cuts, crossovers, and snow plow stops.